



## Coronavirus Tier 4

# Stay at home

There is a new type of Covid-19 which spreads even faster. Some people have no symptoms, so could be giving it to other people without realising.



To stop this happening you must:

▶ Only leave home for things like food and medical reasons



▶ Not travel unless you really have to



▶ Work from home if you can



▶ Only meet with 1 other person outdoors in public places like parks

You can find out more about what you are allowed to do where you live at:  
[gov.uk/coronavirus](https://www.gov.uk/coronavirus)

